



Get Your Kids on the Path to Safety

Safe Routes Utah is a resource for parents, guardians, schools and health officials to learn and share the importance of choosing active methods of transportation while staying safe along the way.

Safe Routes Utah provides resources like safety tips, safe routes maps, crossing guard training guides, school assemblies and grants which help improve infrastructure that makes walking and biking safer for children across the state.

What are the benefits of walking and biking?



Physical benefits

Active methods of transportation give kids a way to get moving during the day.



Environmental Benefits

More people walking and biking means fewer cars on the road and less idling in the school drop-off line.



Cognitive Benefits

Studies show that students who are healthy, awake and alert perform better at school.



Social Benefits

Allowing a child to walk or bike to school increases confidence and independence.



For more information go to SafeRoutes.utah.gov