

WALK & ROLL

CHALLENGE



**WIN
SWEET
PRIZES**

scooters, bikes,
helmets and more!

UDOT's Safe Routes Utah Walk & Roll Challenge rewards your kids for walking and biking to school or walking and biking outside for 20 minutes if attending school online or at home. Parents are also rewarded when you skip your drive and get your kids moving.



To participate in the contest: Students K-8 must walk or bike to school at least one time in the month. If your student is attending school online or from home they must walk or bike outside for at least 20 minutes one time in a month. On days students walk or roll to school, they are not eligible to submit progress for home activities. The more a student walks or bikes, the more likely he or she is to win. Walking to the school bus stop also counts.



To enter the contest: Submit your progress online by the end of each month. Track your trips with a progress chart available for download at SafeRoutes.utah.gov/walk-n-roll



To win the contest: Winners are randomly selected. Again, the more a student walks or bikes the more likely he or she is to win. Multiple winners are selected at the end of each month. Parents and guardians can also win prizes.



This year we are partnering with Move Utah to promote daily healthy activity for students who are attending school from home.